



## U3A SOUTHERN GOLD COAST NEWSLETTER September 2022

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### **President's report Liz Logan**

As expected, it's been a busy start in my new role as I navigate my way around all aspects of our wonderful organisation both internally and externally.

There have been meetings with various local politicians to raise awareness and discuss potential new venues for classes as well as two networking events in which our team promoted U3A Southern Gold Coast to possible supporters. We are hoping that these will bear fruit and will keep you informed of any outcomes.

I feel fortunate to be supported by an enthusiastic management committee with seven members helping to share the load. So that you can get to know us better, we have each provided small summary articles, which you can read in this newsletter. We also have two sub-committees, one to organise events and the other, our communications such as this newsletter, Facebook and the website, which have been working hard behind the scenes. There's also our unpaid, but much appreciated, front-line office personnel as well as the army of volunteer tutors without whom we'd have no classes or activities. I wish to thank all of these people for helping to contribute.

**We are still looking for volunteers to fill roles including Asset Management and Marketing and I will continue as Funding Manager until we can find someone to take this on too.**

As we move closer to the end of the year and re-enrolment time, it's important to promote our organisation to prospective new members. Therefore a flyer has been produced to be distributed widely and an information desk booked at The Pines in October during Seniors' Month. You can read more about each of these initiatives in later pages of this newsletter.

I look forward to meeting more members in the near future and hearing any feedback and ideas which will assist in improving our organisation.







## VALE Jana Stranan by Gail Bonser



Many of the early members of U3A Southern Gold Coast Inc. will remember Jana Stranan, who passed away on Monday 15 August.

Jana was a long-term member, a great contributor to, and supporter of, U3A Twin Towns Inc. (as it was during her time as a member). Jana was involved in our U3A as member, committee member and the founder of the *Wednesday Book Club*.

*Club.*

Since 2006 when she underwent the first of a series of operations, Jana never let her health get in the way of her enjoyment of life and learning. In fact, many of the longer-term members of U3A Twin Towns will remember with admiration the way that Jana continued as an active member during times that would have caused many of us to take to our beds or recline on our couches. None of us would have been game to try and outwalk her with her walking frame!

Jana was a devotee of all things French. She had been a student of French under Beryl Ferrier and she remained a loyal member of the admiration society that supported Beryl at U3A. For years, a number of U3A members who were also her friends played Scrabble in French at Jana's home each week, with the blessing of Beryl and the use of Beryl's French Scrabble set. Jana being Jana, the game was incredibly competitive!

Jana battled her illness and the limitations that it placed on her mobility, with bravery and dignity. She loved a party and she'd love to know that her friends and colleagues in U3A remember her and celebrate her life with pleasure, fond remembrance and perhaps a glass of bubbly.

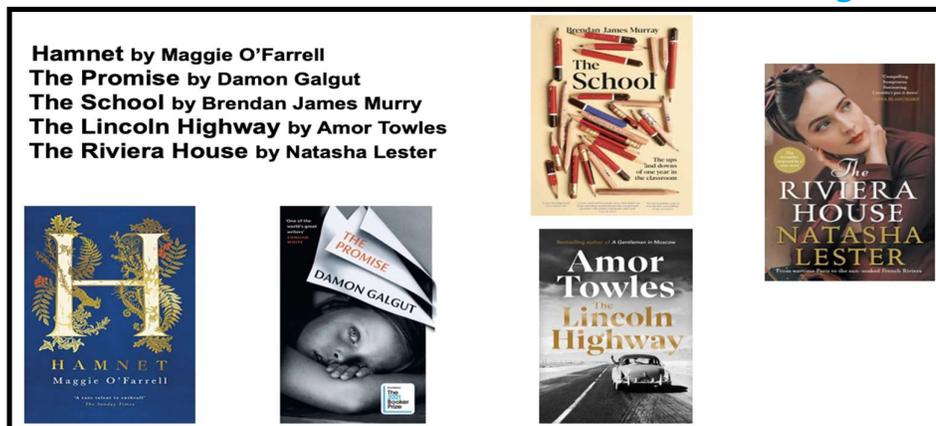


*Do you know of a member who is suffering from an illness, in hospital, recovering from an operation or grieving the loss of a loved one?*

*Advise the office, and on behalf of us all, a special card created by Margaret Buchanan will be sent.*



## Look what our Book Club has been reading!





**Table Tennis Thursday afternoons 1 – 3pm  
Tugun Community Centre**

**Exercise? Movement? Fun? Social? Any skill level?  
YES YES**

Come join us, experience an afternoon of laughs and skilful play!



**TUTORS**

Bouquets and big thanks to all our tutors who contribute their time to make available the vast and varied array of classes to members. Something for everyone to stimulate the mind, please the heart and exercise the body. We hope to see them all again in 2023.

Would YOU like to offer a new class in 2023? We know there are U3A members who have amazing skills they could share with others in the new year. Please contact our Program Manager, Meg Johnson, [pm@u3asoutherngoldcoast.org.au](mailto:pm@u3asoutherngoldcoast.org.au), with your proposal. It does not have to be an all year course. Perhaps you could present a short course, a time limited activity, even a one off. All new ideas are welcomed. Let's make our U3A as vibrant as we are!

**OCTOBER IS SENIORS' MONTH**

There's lots planned for seniors' month and we look forward to you joining us for one, or all, of these exciting activities.

**ART HISTORY**

**Thursday 6<sup>th</sup> OCTOBER 9am, Boyd St.**

**Presents**

**FRIDA KAHLO & DIEGO RIVERA**

**VISITORS ARE WELCOME!**



**VOLUNTEERS NEEDED!**

Tuesday 4th – Friday 7th October we need volunteers to service an information desk at The Pines, Elanora, in morning and afternoon sessions. Can you help please?

The information desk is to promote U3A and its activities to potential new members. New brochures to give out will be available.

Would you like to share your experiences of U3A with other people who are looking for interesting, social/learning groups on the coast but may not know what is available?

Please contact Irene Sachs: [vp@u3asoutherngoldcoast.org.au](mailto:vp@u3asoutherngoldcoast.org.au)



## U3A ART & CRAFT SHOW

October Monday 10th – Friday 21st  
Kay West, organiser

ARTISTS – Display your art works and volunteer on the roster for a few hours during these 12 days.

Members – please come and see our talented U3A artists and craftspeople show their work efforts over the year.

Free entry. Visitors welcome.



## Bus & Discovery tour Friday 21 October

U3A Southern Gold Coast recently learned that our application to the City of Gold Coast for a grant in their 2021-2022 Seniors' Month Grants program was successful and we are now planning a Bus and Discovery tour.

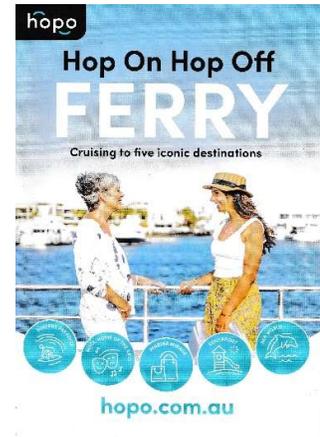
When: Friday 21st October, from 9:00am-2:30pm (starting and finishing at Boyd Street)

What: A bus trip featuring the Hop On, Hop Off ferry

Where: The bus will take everyone to the ferry which stops at Sea World, Southport, Marina Mirage and Surfers Paradise, where we'll have lunch.

Who: Members, family and friends Cost: \$10 (which includes travel on the ferry).

A message will be sent to let everyone know when bookings open.



## U3A Network Queensland news

Our U3A is supported by the statewide advisory body, U3A Network Queensland. At the first meeting of their new committee it was decided that a liaison person would be appointed to connect more closely with local U3As. Liz Logan and Irene Sachs met with our contact, Margaret Cook, President of U3A Dalby, for a discussion on how the Network could more effectively support us and provide information that would benefit our organisation. A number of topics were discussed including the possibility of developing stronger relationships with other U3As on the Gold Coast, a new database system as well as our need for suitable venues for classes.

The webinar 'Your Digital Legacy', which was held on 23 August, was arranged by U3A Network Queensland along with NBN and COTA Queensland. This webinar discussed the need for people to make appropriate arrangements to allow access to their Digital Legacy after death. For example, being able to access photos stored in the 'Cloud', online banking accounts, e-books, subscriptions, Facebook and e-health log-ins. The special event to watch the webinar held at Kirra Community Centre attracted 15 of our members who had a lively discussion about the topic afterwards. Due to the success of this webinar topic another is planned for later in the year for those who missed it. A summary report is also available in the office.

***New Newsletter Editor Eli Sky***

*Do you have something to say to the members, something you like about U3A, suggestions for improvement or fun? Contact Eli Sky via the office to have your comments and ideas posted in Chatterbox. Our organisation flourishes because of you, ALL our members. Let us know what you think about or want from your U3A.*

*Many thanks to Gaye Bruerton for creating the newsletter for U3A Chatterbox over the past 2 years! Her tireless efforts have given members information and news keeping them abreast of local events.*

Proudly supported by

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**GOLDCOAST.**<sup>™</sup>

**U3A Southern Gold Coast acknowledges the traditional owners and custodians of the land on which we meet. We wish to pay our respects to their Aboriginal elders, past, present and emerging.**