

## U3A Southern Gold Coast CLASSES 2021

During Daylight Saving NSW venues operate on DST, Qld venues on Qld time

Updated 5 July 2021

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Qi Gong</b> 9.00am-10.00am Boyd Street	<b>French 2</b> 9.00am-11.00am Kirra CC Jan Derbidge Room	<b>Tai Chi (Beginners)</b> 9.00am-9.45am Boyd Street	<b>Android Tablets &amp; Phones</b> <b>(Next class: July)</b> 9.00am-10.30am Tugun CC Activity Room	<b>Meditation</b> 9.00am-10.00am Boyd Street
<b>Laughter Yoga</b> 9.00am-10.00am Kirra CC Meeting Room	<b>French (Intermediate)</b> 9.00am-11.00am Kirra CC Meeting Room	<b>Italian (Beginners)</b> 9.00am-10.30am Kirra CC Jan Derbidge Room	<b>Monthly Classes</b> 9.00am-11.00am Boyd Street  1 <sup>st</sup> Thursday: <b>Art History</b>	<b>Walk &amp; Discover</b> <b>(Monthly, 1<sup>st</sup> Friday)</b> 9.00am-11.30am Various locations
<b>French (Advanced)</b> 9.00am-11.30am Kirra CC Cook Room	<b>Calligraphy</b> 9.30am-11.30am Kirra CC Headmasters Room	<b>Line Dancing</b> 9.30am-11.30am Masonic Hall Tweed Heads	2 <sup>nd</sup> Thursday: <b>Brain Fun</b>  3 <sup>rd</sup> Thursday: <b>Tea &amp; Talk</b>	<b>History Discussion</b> <b>Group</b> <b>(Monthly, 2<sup>nd</sup> Friday)</b> 10.00am-12.00pm Tugun CC Activity Room
<b>Line Dancing</b> 9.30am-11.30am Tugun Progress Hall	<b>Spanish (Intermediate)</b> 9.30am-11.00am Kirra CC Oxley Room	<b>Tai Chi</b> 9.45am-10.30am Boyd Street	4 <sup>th</sup> Thursday: <b>Trivia</b>	<b>Mahjong</b> 10.30am-2.00pm Boyd Street
<b>Art</b> 10.30am-1.00pm Boyd Street	<b>Light Exercise</b> 9.30am-10.30am St Cuthbert's Hall Tweed Heads	<b>You &amp; Your Health</b> <b>(Monthly, 2<sup>nd</sup> Wednesday)</b> 10.30am-12.00pm Kirra CC Meeting Room	<b>Movement to Music</b> 9.30am-10.30am St Monica's Hall Tugun	<b>Cards &amp; Games</b> 10.30am-2.00pm Boyd Street
<b>How on Earth Did We Get Here?</b> 10.30am-12.00pm Kirra CC Jan Derbidge Room	<b>Yoga</b> 10.30am-11.30am St Cuthbert's Hall Tweed Heads	<b>Book Clubs</b> <b>(1<sup>st</sup> OR 3<sup>rd</sup> Wednesday)</b> 10.30am-12.00pm Kirra CC Cook & Flinders Rooms	<b>Italian (Intermediate)</b> 10.00am-11.30am Kirra CC Meeting Room	

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Psychology Discussion Group (Full)</b> 10.30am-12.00pm Kirra CC Meeting Room	<b>Spanish (Beginners)</b> 11.30am-1.00pm Kirra CC Oxley Room	<b>Pen &amp; Ink (Beginners)</b> 11.00am-1.00pm Boyd Street	<b>Yoga</b> 10.30am-11.30am St Monica's Hall Tugun	<b>Apple iPhones &amp; iPads (Next classes TBA)</b> 2.15pm-3.45pm Boyd Street
<b>Sew &amp; Knit Social Group (1<sup>st</sup> &amp; 3<sup>rd</sup> Monday)</b> 10.30am-12.30pm Kirra CC Community Lounge	<b>French (Conversation)</b> 11.30am-1.30pm Kirra CC Jan Derbidge Room	<b>French (Advanced)</b> 1.00pm-3.00pm Kirra CC Jan Derbidge Room	<b>Current Affairs Discussion Group</b> 11.00am-12.30pm Tugun CC Activity Room	
<b>Ukulele (Beginners Short)</b> 11.00am-1.00pm Elanora CC	<b>German</b> 12.00pm-2.00pm Kirra CC Cook Room	<b>Table Tennis</b> 1.00pm-3.00pm Tugun CC Hall	<b>Monthly Classes</b> 11.30am-1.30pm Boyd Street  1 <sup>st</sup> Thurs: <b>The Human Enigma</b>  2 <sup>nd</sup> Thurs: <b>How are we to live?</b>  3 <sup>rd</sup> Thurs: <b>Write Family History</b>  4 <sup>th</sup> Thurs: <b>Leap into Literature</b>	
<b>French 1</b> 1.00pm-3.00pm Kirra CC Jan Derbidge Room	<b>The Singing Co-Op</b> 1.00pm-3.00pm Elanora CC Main Hall	<b>Pen &amp; Ink</b> 1.30pm-3.30pm Boyd Street		
<b>Ukulele (Beginners)</b> 1.30pm-2.30pm Boyd Street	<b>Singing 4 Fun</b> 1.30pm-2.30pm Boyd Street <b>FREE</b>	<b>Spanish With Daniela</b> 2.00pm-4.00pm Kirra CC Meeting Room		
<b>Ukulele</b> 3.00pm-5.00pm Boyd Street	<b>Travel Social Group (1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesday)</b> 3.00pm-5.00pm Boyd Street		<b>Mahjong</b> 12.30pm-3.30pm Kirra CC Cook Room	
			<b>Topical Issues</b> 2.00pm – 3.30pm Boyd Street	